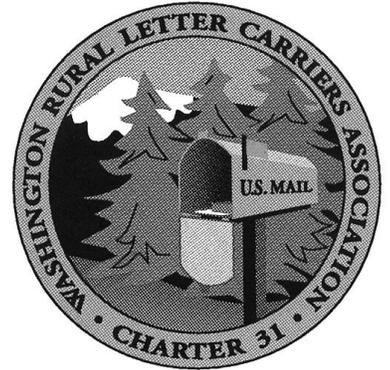


# Washington Rural Carrier



Official Publication of the Washington Rural Letter Carriers' Associ-

*Where Service Begins With a Smile*



From l to r: Don Maston, Mark Gisler, Janie Walla, Michael Gan

## Washington Steward Recognized at the National Convention

By Patrick Pitts , NRLCA Seattle District Representative

In June, 2013 the NRLCA announced the inception of the William B. Peer Local Steward Scholarship Award. William (Bill) Peer served as legal counsel to the NRLCA for more than two decades and held a special affinity for the men and women who served as local stewards in Post Offices large and small because he believed them to be the unsung heroes, the backbone, and the future of the NRLCA Steward System.

Upon his passing, Bill's colleagues at Peer, Gan & Gisler, LLC established the William B. Peer Local Steward Scholarship Award recognizing the talent and extraordinary promise within the NRLCA's first line of defense, the Local Steward. Only Area and Local Stewards are eligible for nomination and, from those nominated, only 4 are selected nationwide as recipients.

Janie Walla, Local Steward for the Marysville, WA carrier annex and Area Steward assigned to 13 additional offices, was awarded the Bill Peer Scholarship Award at the Wednesday morning session of the 2014 NRLCA National Convention in Grapevine, TX. Janie has been a member of the NRLCA for more than 20 years. She is relied on to provide timely and accurate information to those members of the rural craft in the offices she serves. Her grievance files are consistently well prepared with all necessary forms properly completed. Janie's ready knowledge of both core and complex contractual issues have been of great benefit to those carriers she represents and she is quick to research any issue she may be less familiar with using all available resources.

Please join me in congratulating Janie Walla, recipient of the William B. Peer Local Steward Scholarship Award.

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# President's Report: National Convention Recap

Renee' Pitts, WARLCA President

The 110<sup>th</sup> convention of the National Rural Letter Carriers' Association was held August 18-21, 2009, in Grapevine, Texas. There were 19 regular delegates and 1 alternate delegate from Washington State in attendance. I'm pleased to report that the delegates from Washington State fulfilled all duties associated with their position as required by our constitution. Again this year, we had a couple of non-delegates in attendance and I want to personally

thank them. Way to go, Kristian Granish and Daniel Ngatia!!!

While the convention officially began Tuesday, August 12, there were events, meetings, and seminars available to the more than 2,500 attendees in the days leading up to Tuesday and into Tuesday evening as well. Informational seminars were available on: Legislative issues, Thrift Savings, Office of Workers' Compensation Programs (OWCP), Automobile Insurance (NRLCA Vehicle Insurance), Rural Carrier Academies, Insurance Programs, and Pre- and Post-Retirement and Retirement Financial Planning (for both the Federal Employee Retirement System (FERS) and the Civil Service Retirement System (CSRS).

In addition to all of the seminars mentioned above, there was a 3 hour session on Monday during which we received a comprehensive overview of current issues, especially those issues of immediate and pressing concern in the labor/management, legislative, and legal forum.

The opening session, on Tuesday, August 12, began with the "Parade of States," a moving recognition of all the state associations comprising the National Rural Letter Carriers' Association. This was followed by the Pledge of Allegiance, our National Anthem, and the invocation. We then heard welcoming comments from postal and governmental dignitaries followed by a response from Association and Auxiliary officers.



Tuesday afternoon featured the Outstanding Member of the Year and Auxiliary Member of the Year presentations during which our own Tammy Donaghue was recognized as Washington State's Outstanding Member of the Year.

The Wednesday session opened with a presentation of membership awards, state publication awards and the Bill Peer Scholarship Award where our own Janie Walla was one of four recipients.

Wednesday afternoon through Thursday and into Friday morning, the delegates addressed the "meat and potatoes" of the convention; proposed constitution changes and resolutions, both binding and non-binding. One thing that was very evident during the course of discussion, debate, and decision making; the membership as a whole was adamant that we oppose any attempt to move to 5-day delivery of the mail, and that we embrace 6-day delivery.

Friday brought the election of NRLCA officers. Those officers who were elected at the 110<sup>th</sup> National Convention are as follows: President, Jeanette

## NRLCA 110<sup>th</sup> National Convention Grapevine, Texas

Dwyer; Vice President, Ronnie Stutts; Secretary-Treasurer, Clifford Dailing; Director of Labor Relations, Joey Johnson; Director of Steward Operations, David Heather; and Executive Committeeman, Susan Knapp.

For a complete list of our current national officers, visit [NRLCA.org](http://NRLCA.org).

Once again the biennial convention failed. Total Ballots: 1085 Votes needed to pass 724

Total Yes: 594 Total No: 491

A constitution change was passed to allow Puerto Rico, Hawaii and Alaska the ability to organize as a chartered Association of the NRLCA. (Subsequent language also passed, changing other portions of the constitution in reference to this issue.)

For a comprehensive report of the National Convention, including a verbatim transcript of the convention proceedings, please refer to the National Rural Carrier magazine. The publishing and mailing of the National Convention issue of the magazine was also one of the items addressed in a Constitution change. The Convention issue will no longer be mailed out to members. New procedures are being implemented to obtain a hard copy of this issue. Our National Office will be sending out information on how to have a hard copy mailed to you; though the issue will be posted on the National website once available.

# How Can You Help?

## Make A Call! Vote!

Mariann Faulkner, WARLCA Vice President

*“The only thing necessary for the triumph of evil is for good men to do nothing.”* **Edmund Burke**

Now let’s make that quote work for today: The only thing necessary for Congress to continue to eliminate our jobs is for good rural letter carriers to remain silent.

I am often asked “What I can do”. “I don’t know all the issues.” “I don’t know how to talk to my congressman.” “I don’t know how to write a letter with all the facts.” “I can’t call and talk to someone in my congressman’s office, I wouldn’t know what to say.”

Don’t know all the issues, you don’t need to. Pick one and speak or write about it. Want to save 6 day delivery? There is your message: Congressman “Whosit” I want you to save 6 day delivery of the mail. Simple as that. Your message does not have to be filled with facts and figures. The aide that takes your phone call or reads your letter, postcard or email is going put a check mark in the yea column for saving 6 day mail delivery. Want Congress to eliminate the prefunding of future retiree’s health benefits. There is your message; Congressman “Can You Hear Me” Stop the prefunding of the future retirees health benefits and save the Postal Service.

My point is you and a simple message are as important as someone who can quote all the facts and figures. Your one voice joined with all the others become an overwhelming shout. I told you last time the squeaky wheel gets the grease and it still holds true. My congressmen’s office hears from me so often that the last time I wrote I got a reply email from his local office and a phone call from his Washington DC office.

One of the hot topics right now is the Postal Services plan to close 82 more processing plants starting in January. Three of those planned closures are here in Washington. There is a Dear Colleague letter that is being circulated. This is a letter to the Appropriation committees of the House and Senate asking them to block the USPS from consolidating or closing anymore processing plants. Approxi-

mately half of the Senate has signed the letter, joined by 160 members of the House. Like this issue? Just call and say “Hey Senator, I really want you to stop the Postal Service from closing anymore processing plants.”

Senate bill S. 316 and House bill H.R. 630 are good bills. These bills would make permanent a legislative requirement to deliver mail 6 days a week, relieve the Postal Service of its requirement to pre-fund future retiree’s health benefits and recoup the over-payments to the FERS and CSRS. Sound good, here is your message, please support bill S. 316 to your senators and H.R. 630 to your congressman.



Senate bill S. 1486 and House bill H.R. 2748 are bills that are harmful to the Postal Service and would erode service and move us to 5 day delivery. A simple message to your Senator and Congressmen could be, Please don’t support these bills, they would be harmful to thousands of jobs.

The ability to save the Postal Service is in the hands of Congress and who does Congress work for? YOU and every other citizen of the United States. So if we, the bosses of Congress fail in telling Congress what we want them to do, whose fault is it? If they fail to do as we have instructed them and we re-elect them who is to blame?

The elections are upon us and everyone needs to get out there and vote! Go to the polls or mail in your ballot. I won’t tell you who to vote for, I just want you to please exercise your right to vote.

For more information on Legislative issue check out [NRLCA.org](http://NRLCA.org).

Take care and stay informed.

**“One of the hot topics right now is the Postal Services plan to close 82 more processing plants starting in January.”**

**Christmas Overtime Period**  
Christmas period begins on the first Saturday in December (December 6) and terminates as specified in the Employer’s Christmas Postal Bulletin.

# FSA Equal Tax Breaks

Rebecca Wendlandt WARLCA Secretary/Treasurer

I'll bet you're thinking that paying less tax sounds too good to be true. But it is true. That's because every regular and PTF rural letter carrier is eligible to enroll in a program sponsored by the U.S. Postal Service that legally allows him or her to pay less in taxes every payday. How, you ask? By participating in the Postal Service Flexible Spending Account (FSA) Program, a carrier can legitimately reduce the amount of federal taxes withheld from his or her paycheck.

How much can you save in taxes? Just multiply your total tax rate (shown below) by your annual FSA contribution amount to figure the amount of taxes that you legally avoid each year.

For example, let's say you decide to contribute \$1,000 to your Health Care FSA and you are covered by the FERS retirement system. You would save \$276.50 in taxes next year ( $\$1,000 \times 27.65\%$ ). If you are covered by the CSRS retirement system, you would save \$314.50 in taxes ( $\$1,000 \times 31.45\%$ ). Please note that these examples are based on the salary of a rural carrier who is enrolled in the FSA Program.

So what's an FSA, and how does it work? A flexible spending account is an Internal Revenue Service (IRS) authorized account that allows you to cover eligible health care expenses (not covered by insurance) and dependent care expenses with tax-free money that you contribute from your paycheck throughout the year. The money that you contribute to the FSA isn't subject to federal income tax, Medicare tax or the Social Security tax and when you withdraw the money it's tax-free, too. With a tax break every payday, it's cheaper to pay for your health care and dependent care expenses through an FSA instead of using your checkbook or a credit card that don't give you any tax break. There are two types of FSAs offered in the Postal Service Program: Health Care FSA and Dependent Care FSA.

## Health Care FSA

A Health Care FSA covers eligible health care expenses not reimbursed by any health insurance plan, dental or vision insurance plan that you or your dependent have. Some types of expenses that you can claim from a Health Care FSA are deductibles, coinsurance, copayments, orthodontic care

(braces), eyeglasses and contact lenses, laser eye surgery and hearing aids. And, the IRS also allows you to claim the cost of most nonprescription (over-the-counter) drugs like antacids, allergy medicines, pain relievers and cough and cold medicines through a Health Care FSA. For 2015 you must have a doctor's written prescription to claim the cost of over-the-counter medications under a Health Care FSA. The maximum amount that you can contribute to a Health Care FSA for 2015 will change to \$2,500. The minimum amount that you can contribute is \$130. For 2015, a legally married same-sex spouse is an eligible dependent for the Health Care FSA.

## Dependent Care FSA

A Dependent Care FSA covers eligible dependent care expenses that you have so that you can go to work, or if you are married, so you and your spouse can both work or your spouse can look for work (must have earned income in 2015) or attend school full-time or be incapable of self care. Some types of expenses that you can claim from a Dependent Care FSA include day care, babysitting, or summer day camps for your children or elder day care expenses for dependent parents. The maximum amount that you can contribute to a Dependent Care FSA for 2015 is \$5,000. For taxpayers who file their taxes separately with a spouse, the maximum is \$2,500 per year. The minimum amount that you can contribute is \$130. For 2015, a legally married same-sex spouse is an eligible dependent under the Dependent Care FSA.

So, what are you waiting for? That's right; you need information on how and when to enroll in the Postal Service FSA program. You must make an election to enroll in the Postal Service FSA Program for 2015 during the Open Season period from November 10 through 5 p.m. Central Time, December 22, 2014. Even if you enrolled in the FSA Program for 2014, you must complete a new election form to continue participating in 2015.

Enrolling in the Postal Service FSA Program is easy! Watch your mailbox for a booklet from the Postal Service that contains complete information on its Flexible Spending Account Program. The booklet includes step-by-step instructions on how to enroll for 2015 by using PostALEASE. Don't miss your chance to enroll during the FSA Open Season and pay less in taxes to Uncle Sam in 2015.

Have more questions? To find out more about the Postal Service Flexible Spending Account Pro-



gram, call the Postal Service FSA Customer Service Center toll-free at 1-800-842-2026 from 8:00 AM to 10:00 PM., Eastern Time, Monday through Friday, to talk to a representative.

Thank you to Larry Waligora, NRLCA Insurance Administrator for the above article.

With open season coming up, you also have a chance to review your health insurance plan. Take time to compare it with RCBP (Rural Carrier Benefit Plan). **In all the federal health care plans, RCBP is the only plan that covers cancer 100%.** Even the most expensive treatments are covered.

Have you taken time to **thank your county officers?** They work hard for you to set up local meetings and get speakers that will give information and resources to the members. Have you attended a meeting lately? Bring your questions and concerns and get answers! It is your career, so it's up to you.

## 2014 WARLCA PAC Goal Is Record \$20,000

Taralee Mohr, WARLCA Region 1 Committeeperson



This year has started off great. I have attended two county meetings so far and great things are going on. King- Snohomish County appointed a legislative liaison. We received a craft impacting legislative update. Way to go, great job K-S. Island -Skagit had their first meeting and they chose to try a new location. This was their best turnout that I have attended. They

also raised the most PAC funds at one function for their county. So proud of the member that took over the county PAC chair responsibilities. I have Whatcom County meeting coming up and can't wait to see the great things they come up with. Just a reminder for all my counties, check everyone to see if they are members. We want people to join to get the information. If you need an updated list please contact WARLCA secretary/treasurer Becky Wendlandt.

For those that may not know I was appointed PAC chair this year. So there has been a little learning curve that I have struggled with. For those that did not attend the Washington State Convention, Dawn Ayers, our new Region 2 Committeeperson,

Don't rely on your fellow carriers or supervisors. Do you know all about what is happening with the timed study that will decide your future wages, spring mail count, route adjustments, Christmas overtime, etc.? You can find out at your local county meeting and the November 2, 2014 informational meeting at SeaTac.

Stewart Kaplan, Thrift Saving Plan Training and Liaison Specialist, gave an excellent presentation on Thrift Savings at our 2014 National Convention. At the end of it I had a chance to talk with him and asked him if he had a presentation that we could give at our State level meetings. He liked the idea and developed one that he sent to me. I will be presenting it at our November 2 meeting. **Thrift Savings is the third leg of your retirement, and probably the most important one.** You can find out more about how to make it successful for you at our November 2 meeting. Hope to see you there.

challenged the state to raise \$20,000 for PAC. Several county and state officers have agreed to dye our hair pink if we reach our goal. We will have pink hair at State Convention and National Convention only if \$20,000 is reached. This is something we can do. With 1851 members it would only take 11 dollars per member to reach \$20,000. Idaho has around 850 members and they bring in \$20,000 or more on a regular basis. We can't let them beat us.

Washington raised \$1,705 at National Convention. Also I would like to say thank you to our new sustaining donors for taking the path to further our objective in keeping our jobs. These wonderful people signed up at National convention: Dawn Ayers, Mariann Faulkner, Levi Hanson, Karen Hill, Patrick Pitts, Renee Pitts, Jeffery Taylor, and Janie Walla. **THANK YOU!**

I don't want to forget our sustaining donors that we currently have so **THANK YOU:** Dawn Bruns, Janice Frymire, Monte Hartshorn, Taralee Mohr, Joyce Patteson and Raymond Steele.

If you would like to join this elite group please come join us at our informational meeting November 2, 2014 to find out how.

Please feel free to contact us with any comments, concerns or what you want from your union.

Best to you all.

# Mutual Counties' Dawn Ayers Is New Region 2 Committeeperson

Dawn Ayers Region 2 Committeeperson

As your new Region 2 Committeeperson and National General Insurance Representative, I wanted to take a moment to introduce myself. I have served this union since 2007 when I was elected as local steward in Sumner where I work. My postal career started in 2005 as a RCA, and in 2008 I became a PTF in my office. In 2008, I also started attending our state conventions. The 2010 National Convention was held in Spokane, Washington, where I attended as a non-delegate while also working at the convention.

I have been privileged to serve my fellow carriers the last 4 years at national convention as a delegate with the exception of 2011, when I declined to attend due to the birth of my first grandchild. My county unit service includes 1 year as Secretary/Treasurer and 4 years as President of Mutual Counties, which is my current position.

I was proud to be elected to serve as your Region 2 Committeeperson at the 2014 State Convention and will strive to serve this state to the best of my abilities. My goals include to help increase membership and meeting attendance; promote the importance of PAC; and show you how to become in-

volved in the GrassTops campaign to help educate our legislature on the need to keep the USPS delivering 6 days a week and expanding services. I will also provide information to help members remain informed about what their union has to offer them and how they can help their union while bettering their careers.



I have been happily married for 20 years to my husband, Chris, with whom I have two handsome sons and a wonderful grandson with another due in October. As indicated above, my career with the post office started in May of 2005, and in my position as PTF, I am next in line to get a route in my office. In my spare time I like to bake and decorate cakes; play softball; sing karaoke; and hang out with my four beagles and my husband.

Region 2 has the honor of hosting the 2015 State Convention, which will be held in Vancouver at the beautiful Heathman Lodge. As the convention chair, I would love to see some new faces there as well as the familiar ones.

I am excited to be a part of your 2014/15 State Board and I look forward to serving you.

Looking forward to a great year.

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## Unions: The Beginning

Levi Hanson WARLCA Region 3 Committeeperson

This article begins a periodic series of stories about unions and the labor movement as a whole. The series will include articles on the history of unions in general and on the history of the NRLCA and WARLCA more specifically. My goal in writing these articles is to further the understanding of unions as a vital facet of American history; examine the part that they play in modern day America and how we, as individual members, are the link to the future success of unions.



What better place to begin this series than at the beginning of the labor movement in America?

As long as there has been work and people to do that work there have been efforts to improve the conditions under which we labor. While individuals

have always protested harsh working conditions; it wasn't until individuals came together as a group that working conditions began to change for the better. These groups found that striking until better conditions were achieved was one of the more successful tactics but was not without risks. As early as 1677, strikers were prosecuted in New York City; but in time strikers were successful, as in 1786 when striking printers in Philadelphia secured wage increases. Five years later, Philadelphia carpenters staged a strike demanding a 10-hour work day and a worker's "bill of rights" but it wasn't until 1847 that New Hampshire became the first state to pass a law limiting the work day to 10 hours. In 1866, the National Labor Union was founded creating an organization that could provide the support workers needed to demand decent working conditions.

The struggle for better working conditions was,

at times, a violent one as in 1892 when steel workers of the Amalgamated Association of Iron and Steel Workers of Homestead, Pennsylvania fought a bloody battle with Pinkerton agents hired by the Carnegie Steel Co. The confrontation resulted in the deaths of seven workers and three Pinkerton agents and ultimately led to a dramatic decrease in wages, a longer work day and the dissolution of the Amalgamated Association leaving steel workers without a union for 26 years. In 1911, the Shirtwaist Triangle Factory fire claimed the lives of 146 workers most of whom were young women.

A couple years earlier, in 1909, a strike was called and 20,000 workers from the 500 local garment factories walked out. Within 48 hours, 70 of the smaller factories agreed to wage increases, a 52 hour work week and overtime pay. In February of 1910 the strike was settled resulting in higher wages and a shorter work week for most workers except for those at the Triangle factory who continued to

work without the benefit of a union agreement. True victory came, however, when New York State passed over 25 laws addressing worker safety and created a commission which investigated working conditions in 2,000 factories in dozens of industries. The following decades would include victories and losses for the labor movement but through it all the movement for workers' rights persisted.

We would do well to remember the struggles and sacrifices of those who came before us. Without their determination, activism and dedication to the cause we would not have the rights afforded to us today. In the next part of the Unions series, we'll explore the history of postal unions and that of our own NRLCA. Until then, Brothers and Sisters, keep on fighting!

Thanks for the information presented here go to the AFL-CIO and their website at [www.aflcio.org/About/Our-History](http://www.aflcio.org/About/Our-History).

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## Western States Conference

Joyce Patteson WARLCA Region 4 Committeeperson

When I went to Western States Conference for the very first time, I was somewhat reluctant. I really had no idea what to expect other than that it was going to be just another Union meeting. This time however, it was costing me money and my precious annual leave. Keep in mind – the extent of my experience with Union meetings had been attending several county meetings, some district meetings, and a few state conventions. My decision to attend was based on my involvement as a steward on the state level. I thought I should broaden my horizons so to speak, and get out there, meet new people, and listen to speakers that I knew were coming from the National office. This particular year, 2003, Western States Conference was being held in Florence, Oregon, so I thought what the heck?? I loved the ocean – especially the Oregon coast so off we went.



My husband and I drove to Portland and then down the coast from there and if you've not had the pleasure I highly recommend it. The scenery is spectacular! It did rain most of the time we were on the road, but it was more of a drizzle and it wasn't exceptionally cool so it was nice. We finally arrived at the hotel after several hours on the road and I have to admit to being somewhat excited! Like I said, this was my first venture out of state for a Union function so this was new territory!

The agenda was basically the same as it is today – a social on the first night, and business for the next two days with speakers, drawings, campaigning, fun, and laughter. I do specifically remember a couple of highlights. One was going out to dinner with people from other states and having a beautiful rainbow across the sky; and another was when they did the Western States countdown calling out the years and having you stand up when they reached the number of years you had been attending. Western States began in 1970 and if I remember correctly, there were people there that had been attending for 33 years! Of course, I didn't get to stand up until they called for the first-timers but it was a great experience. Did I mention that it was addicting?? Since 2003, I have missed one and that was in 2007 when I had to deal with family issues.

In 2015, Western States Conference will come full circle from when I first attended. It will be held, once again, on the spectacular Oregon coast in Sea-

side. My husband and I vacationed for a week in Seaside last December and it is beautiful! The host hotel, Best Western Ocean View Resort, is right on the beach and the room rates for Western States Conference attendees will be the prevailing government per diem rate which is currently \$96 plus tax of \$9 per night.

As a bonus, your State Board has decided to allocate funds to be used to offset your expenses for attending Western States Conference in 2015. Each member will receive a reimbursement of \$225 (capped at \$5,000) as long as the following requirements are met:

- 1) Each member must attend all business sessions of Western States Conference – not including the social or banquet.
- 2) Each member must check in with the President or designee at the start of each business session and after breaks.
- 3) If a member fails to meet his/her requirements, the remaining members in attend-

ance will decide prior to receiving reimbursement if that member is to receive all or any of the State-paid funds due to not meeting his/her responsibilities.

- 4) All paid members attending Western States Conference should give an overview of the Conference at their county unit.

There's nothing comparable to the experience of Western States Conference so please plan on attending. If you've ever wanted to attend a National Convention and perhaps didn't get elected or didn't get your name on the ballot, go to Western States. Many of the National officers and staff are in attendance. Not only do you get to listen to them speak on current issues affecting you and your career; you get the opportunity to meet them one-on-one which is something that doesn't happen at a National Convention. You can bet I'm not going to miss it so I look forward to seeing you there!!

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## The Tie That Binds

Patrick Pitts NRLCA Seattle District Representative

I was tying down some construction debris the other day. I should probably call it de-construction debris as it was a load of old drywall, carpet, padding, etc. Those type things that need disposed of when you do a minor remodel. The truck was loaded, the tarp neatly in place and I was on the final



knot of the back and forth crisscrossing of the rope I was using to secure the load. Looking down, I noticed the end of the rope had begun to fray and put on my mental to-do list "secure end of rope to prevent further fraying." As anyone who has used rope for any length of time

knows, lack of proper maintenance will result in the weakening and eventual failure of the rope.

I wish, at that moment, someone in authority with the postal service was there; someone who had the ability to look at the postal service not as a pig-

gybank or some money-making venture but as a basic and fundamental service provided to the people by the government; to see the postal service as the tie that binds the nation together. Somewhere along the way we, the United States Postal Service, have lost sight of this basic and fundamental reason for doing what we do every day. I say "we" because each and every one of us working together make up this entity referred to as the postal service. And that's why I wish someone in authority was there with me at that moment; someone who had the ability to effect change and establish postal policy.

In reality, it's not the establishment of postal policy we need but the recognition and enforcement of existing policy. The Code of Laws of the United States of America (commonly referred to as U.S. Code) are just what the title implies, the laws of the United States. The U.S. Code is comprised of 51 titles; title 39 deals with the postal service. Title 39, section 101 – Postal Policy begins "*The United States Postal Service shall be operated as a basic and fundamental service provided to the people by the Government ...*" It's really that simple, a basic and fundamental service, that's what we provide. Section 101 goes on to state this basic and funda-

mental service has been authorized by the Constitution and created by an Act of Congress as well as being supported by the people. When did those that lead the postal service lose sight of the core reason the service exists?

*“The Postal Service shall provide a maximum degree of effective and regular postal services to rural areas, communities, and small towns where post offices are not self-sustaining.”* That’s what the U.S. Code says. It was recognized when the laws were written that there was going to be a cost associated with providing this basic and fundamental service. As we’ve all experienced, and hear about almost daily in the news, the postal service is cutting costs by reducing service hours and constricting the mail processing and distribution network, even though the law specifically states *“The costs of establishing and maintaining the Postal Service shall not be apportioned to impair the overall value of such service to the people.”* A maximum degree of effective and regular postal services; what part of that requirement is confusing?

So who can I talk to? Who’s in charge? The Code of Federal Regulations (CFR), title 39 section 1.1 states the postal service is *“under the direction of a Board of Governors, with the Postmaster General as its chief executive officer”* yet it’s our chief executive officer – the Postmaster General along with the Board of Governors who seems hell-bent on destroying this basic and fundamental service. Those executives are supposed to direct the exercise of their power *“through management that is expected to be honest, efficient, economical, and mindful of the competitive business environment in which the Postal Service operates.”* They (the powers that be, and we could have a lengthy discussion on just who the powers that be are) seem fixated on the word “business” with a mind’s eye toward profit and what that profit can be used for rather than ensuring we are fulfilling our basic function and that basic function is codified in the U.S. Code. Section 101 states *“The Postal Service shall have as its basic function the obligation to provide postal services ...”* and the “why” drills down to the very basics of what we do and why we do it.

This basic and fundamental service, the United States Postal Service, authorized by the Constitution and created by Act of Congress has *“as its basic function the obligation to provide postal services **to bind the Nation together.**”* That is what we do each and every work day. We bind the Nation together. The United States Postal Service is the tie that binds this Nation together. Every person on your route is bound to every other postal customer

in the nation and every postal customer in the nation is bound to that person on your route through you. The tie that binds – you and I make up a key part of that tie that binds. This tie that binds is a rope or cord that is made up of many strands and you and I are one of those strands, each contributing to the strength of the tie. The cord, the rope that is the United States Postal Service is fraying; indeed, it seems the powers that be are intent on picking away strands that together give the cord strength.

We (you and I) do what we can with what we are given. Our role is identified in the U.S. Code; we *“provide prompt, reliable, and efficient services to patrons in all areas and ... render postal services to all communities.”* What more can we do? We can speak up. Congress is certainly one of the powers that be and legislation is sure to come that will have an impact on the postal service and our ability to fulfill our basic function. The NRLCA has a strong and active legislative department and, at times, puts out a call to contact your legislative representative on any given issue. If you’re not part of the legislative email network I encourage you to consider joining; if you are part of the network I hope you take the time to make a few calls when the need arises.

Thank you for what you do each and every day. You carry on a proud tradition of service to rural (and not-so-rural) America. You are the tie that binds this Nation together. You are an integral part of the United States Postal Service and can stand proud knowing the importance of what you do.

The rope is fraying and stands in need of immediate repair and maintenance. The powers that be need to step back and reflect on the basic and fundamental purpose and obligation of the United States Postal Service and take action to ensure we are fulfilling that obligation and are, indeed, the tie that binds.

## Recruit a Friend Today

Recruit A Friend Today is being extended by NRLCA until June 30, 2015. Any RCA you get to join will receive 3 months of free membership and you will receive \$15.00. A regular will receive 3 months free dues and you will receive \$50.

Remember to put at the top of the 1187 “Recruited By YOUR NAME”.

**WA Rural Letter Carriers' Association**  
**Statement of Financial Position**  
As of September 30, 2014

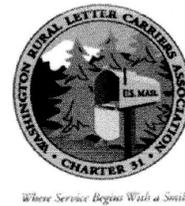
	<u>Sep 30, 14</u>
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Checking/Savings</b>	
1010000 · Chkg - WA Trust Bank	13,337.03
1020000 · Savings - APCU	46,034.26
1030000 · Chkg - APCU	107.57
1040000 · Emergency Fund - APCU	13,948.17
1041000 · EmergencyFundCD#75-12mo(3-1...	40,212.05
1410000 · C.D.#71 APCU 12 mo (8-1-06)	31,697.37
1430000 · C.D.#73 APCU 12 mo (2-8-07)	30,417.28
1460000 · C.D.#74 APCU 12mo (3-11-14)	40,212.05
<b>Total Checking/Savings</b>	<u>215,965.78</u>
<b>Total Current Assets</b>	<u>215,965.78</u>
<b>TOTAL ASSETS</b>	<b><u>215,965.78</u></b>
<b>LIABILITIES &amp; EQUITY</b>	
<b>Liabilities</b>	
<b>Current Liabilities</b>	
<b>Other Current Liabilities</b>	
2100000 · Payroll Liabilities	218.71
<b>Total Other Current Liabilities</b>	<u>218.71</u>
<b>Total Current Liabilities</b>	<u>218.71</u>
<b>Total Liabilities</b>	218.71
<b>Equity</b>	
3900000 · Net Assets	233,296.38
Net Income	-17,549.31
<b>Total Equity</b>	<u>215,747.07</u>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b><u>215,965.78</u></b>

# WA Rural Letter Carriers' Association

## Statement of Activities - Compared to Budget

### July through September 2014

	Jul - Sep ...	Budget
<b>Income</b>		
4000000 · National General Insura...	4,701.19	13,435.00
4100000 · Interest / Dividends	441.08	1,539.00
4200000 · Membership Dues	52,200.94	232,367.00
4400000 · Reimbursements	79.81	127.00
4500000 · Sales	0.00	2,900.00
<b>Total Income</b>	57,423.02	250,368.00
<b>Expense</b>		
5000000 · Accounting Fees	655.50	5,997.00
5100000 · Awards & Recognition	176.01	500.00
5300000 · Employee Benefits	1,359.55	5,850.00
5400000 · Equipment	270.33	
5600000 · Lodging	1,435.50	11,975.00
5700000 · National Convention	43,987.46	43,987.46
5800000 · Office Expense	89.44	1,800.00
5900000 · Payroll Taxes	1,554.18	8,000.00
6000000 · Per Capita Dues	1,458.00	5,050.00
6100000 · Postage	869.69	4,569.00
6200000 · Printing	576.11	600.00
6400000 · Rent	1,125.00	4,500.00
6600000 · Salaries and Wages	17,458.30	101,012.50
6700000 · State Meetings	0.00	32,700.00
6701000 · State Paper	1,584.87	6,250.00
6900000 · Telephone & Internet	708.07	1,500.00
7000000 · Travel	1,664.32	10,180.00
7200000 · Western States Confere...	0.00	5,631.00
<b>Total Expense</b>	74,972.33	250,101.96
<b>Net Income</b>	-17,549.31	266.04



**APPLICATION FORM  
FOR MEMBERSHIP IN THE  
WASHINGTON RURAL LETTER CARRIERS' AND  
NATIONAL RURAL LETTER CARRIERS' ASSOCIATIONS  
DUES YEAR 2014/2015**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**POST OFFICE WHERE EMPLOYED:** \_\_\_\_\_

**HOME TELEPHONE NUMBER:** \_\_\_\_\_

**E MAIL:** \_\_\_\_\_

**DUES YEAR RUNS FROM JULY 1, 2014 TO JUNE 30, 2015:**

\_\_\_\_\_ **REGULAR CARRIER (71) PTF (76) \$651.00 YEAR / \$25.04 A PAY PERIOD.**

\_\_\_\_\_ **RELIEF CARRIER\*(73,74,75,78 & 79) \$236.00 YEAR / \$9.08 A PAY PERIOD**

\_\_\_\_\_ **RETIREE \$85.00 YEAR OR \$7.08 A MONTH.**

**\*IF YOU DO NOT WORK IN A PAY PERIOD YOU DO NOT HAVE TO PAY DUES WHEN ON DUES WITHHOLDING.**

**COMPLETE THE BACK SIDE OF THIS  
FORM, SIGN IT, AND SEND TO:**

**WARLCA STATE SECRETARY  
2811 N CHASE LN  
LIBERTY LAKE WA 99019-5002  
Phone: (509) 710 7840 ---- WARLCA.COM ---- E Mail: WARLCA@Gmail.com**

**UNITED STATES POSTAL SERVICE**  
**AUTHORIZATION FOR DEDUCTION OF DUES**

RURAL CARRIER CLASSIFICATION		
<input type="checkbox"/> Regular	<input type="checkbox"/> PTF	<input type="checkbox"/> Relief

<input type="checkbox"/>	OR	<input type="checkbox"/>
(SOCIAL SECURITY NUMBER)		(USPS EMPLOYEE ID-NUMBER)

<input type="text"/>	<input type="text"/>	<input type="text"/>
LAST NAME	FIRST NAME	MI

MAILING ADDRESS	CITY	STATE	ZIPCODE + 4
-----------------	------	-------	-------------

POSTAL INSTALLATION WHERE EMPLOYED	ZIP CODE OF INSTALLATION	INSTALLATION FINANCE NO.
------------------------------------	--------------------------	--------------------------

SECTION A - AUTHORIZATION BY EMPLOYEE

I hereby assign to the **National Rural Letter Carriers' Association** any salary or wages earned or to be earned by me as your employee (in my present or any future employment by you) such regular and periodic membership dues as the union may certify as due and owing from me, as may be established from time to time by said Union. I authorize and direct you to deduct such amounts from my pay and to remit same to said Union at such times and in such manner as may be agreed upon between you and the Union at any time while this authorization is in effect.

**This assignment, authorization and direction shall be irrevocable for a period of one (1) year from the date of delivery hereof to you, and I agree and direct that this assignment, authorization and direction shall be automatically renewed, and shall be irrevocable for successive periods of one (1) year, unless written notice is given by me to you and the Union not more than twenty (20) days and not less than ten (10) days prior to the expiration of each period of one year.**

This assignment is freely made pursuant to the provisions of the Postal Reorganization Act and is not contingent upon the existence of any agreement between you and my Union.

Contributions or gifts (including dues) to the NRLCA are not tax deductible as charitable contributions. However, they may be tax Deductible under other provisions of the Internal Revenue Code.

SIGNATURE OF EMPLOYEE	DATE	PHONE
-----------------------	------	-------

SECTION B- FOR USE BY STATE EMPLOYEE ASSOCIATION

**R - NATIONAL RURAL LETTER CARRIERS' ASSOCIATION**

SIGNATURE OF ACCEPTING UNION OFFICIAL	DATE
---------------------------------------	------

I hereby certify that the dues of this organization for the above named member, for the applicable designation, are currently established at \_\_\_\_\_ per pay period

LOC#	STATE
	W A
DATE	REMIT #

\_\_\_\_\_, STATE SECRETARY

SECTION C- FOR USE BY NATIONAL ORGANIZATION

Date of Delivery to Employer (For National Office use)

ANIVERSARY DATE TO BE USED AT USPS PERSONNEL OFFICE

Submit One Copy

Send to  
REBECCA R WENDLANDT  
WARLCA SECRETARY/TREASURER  
2811 N CHASE LN  
LIBERTY LAKE WA 99019-5002



## INSTRUCTIONS

### ELIGIBILITY

1. Applicant must be a current member of the National Rural Letter Carriers' Association and must have been a member for all or the major portion of the 50/60/70 years.
2. Applicant must have completed:
  - (a) 50, 60, or 70 years of service as a rural letter carrier; **OR**
  - (b) A combination of 50, 60, or 70 years as a rural letter carrier and a retired carrier.
3. Application must be submitted using the official form or a reasonable facsimile.

### APPLICANT STATEMENT

1. If the proposed recipient of the longevity award cannot complete the Applicant Statement section of the application, the State Secretary may complete it on the member's behalf. At the State Secretary's discretion, another state or local official or responsible member may complete the statement on the member's behalf.
2. The appropriate years of membership upon which the award is based must be checked.
3. The Applicant Statement should be signed where indicated by either the applicant or by the person who is signing for the applicant.
4. After completion of the Applicant Statement, the form must be forwarded to the State Secretary for verification and certification.

### STATE SECRETARY STATEMENT

1. Upon receipt of the application, the State Secretary will verify the information provided based on available state records. By signing the application, the State Secretary certifies that the member is eligible to receive the specified membership longevity award.
2. The State Secretary will check the appropriate box indicating where the National Office should send the longevity award. If the "Other" box is checked, a name and address should be provided where indicated.
3. Upon completion of the State Secretary's section, the State Secretary should forward the application for final processing to the National Office at:

NRLCA  
Attn: Assistant to the Secretary-Treasurer  
1630 Duke Street  
Alexandria, VA 22314-3467

Revised 2/2011

**JULY 20-23, 2014 MINUTES FROM WARLCA BOARD MEETING  
BEST WESTERN LINCOLN SUITES INN, ELLENSBURG, WA**

**MEMBERS IN ATTENDANCE:** Renee' Pitts, President; Mariann Faulkner, Vice-President; Becky Wendlandt, Secretary/Treasurer; Taralee Mohr, Region One Committeeperson; Dawn Ayers, Region Two Committeeperson; Levi Hanson, Region Three Committeeperson; and Joyce Patteson, Region Four Committeeperson. President Renee' called the meeting to order at approximately 1 PM. After a positive go-around and President's remarks the agenda was reviewed.

**Ground Rules:**

The ground rules were read.

**Minutes:**

The minutes from the June 25, 2014 board meeting were reviewed and tasks updated.

**PAC:**

Tara is checking into the rules from NRLCA about getting non-member donations. Her goal this year is \$20,000.00.

**Officer Training:**

The board reviewed the National Officer Training manual.

**Board Policy:**

The board reviewed and updated the board policy.

**Western States Conference:**

The board decided to reimburse members attending Western States Conference \$225 per person with a \$5,000 cap. All attendees are required to attend all business sessions of Western States Conference.

Rules for being reimbursed for Western States Conference are as follows:

Each member must attend all of the business sessions of Western States Conference, but do not have to attend the social or banquet.

Each member must check in with the President or designee at the start of each business session and after breaks.

If a State-paid member does not meet his/her responsibilities, the remainder of the members in attendance at Western States Conference will decide before receiving the reimbursement if that member is to receive all or any of the State-paid funds due to not meeting his/her responsibilities.

The President or designee will write an article for E mail distribution and for the WRC.

All paid members attending Western States Conference should give an overview of the Conference at their county unit.

**Recruitment:**

The board brainstormed some ideas for recruitment

**Assignments/Appointments:**

Levi asked that if anyone knows a member that has passed away to please notify him for Provident Guild.

**WRC:**

Renee' will be the contact with the editor for board decisions. The board decided to keep the same number of issues but that can be changed as needed at future board meetings.

**Convention Issue:**

Deadline to Doug is July 24. Doug's deadline to board is July 31. Deadline to printer is August 3.

### Fall Issue:

Deadline for articles is October 1, 2014. Doug's deadline to board is October 10, 2014. Final approval is October 14, 2014 and to printer by October 15, 2014.

### Winter Issue:

Deadline for articles is January 6, 2015. Doug's deadline to board is January 16, 2015. Final approval is January 19, 2015, and to printer by January 20, 2015.

### Spring Issue:

Deadline for articles is March 30, 2015. Doug's deadline to board is April 9, 2015. Final approval is April 12, 2015 and to printer by April 13, 2015.

### **2014 National Convention:**

Mileage is \$43,798.96 and is not capped.

### **2014 State Convention Recap:**

The convention overview was approved with two corrections (108<sup>th</sup> State Convention, and finance committee report said salaries and should say office rent/storage).

There were 48 state convention delegate survey's returned and 17 county officer survey's.

We had 56 delegates on Monday and 55 on Tuesday and Wednesday. We had 3 first timers.

Ballots: Only 8 returned and 2 were mailed out again.

### **2015 State Convention:**

The board decided to set the cap on 2015 State Convention delegates pay at \$25,000.

### **2016 State Convention:**

The 2016 State Convention will be at the Mirabeau Hotel in Spokane Valley, WA on June 12-14, 2016 (Sunday, Monday, and Tuesday). The hotel has given us a free Sunday social in the contract.

### **2017 State Convention:**

Tara has received 3 bids for 2017 State Convention (Best Western at Oak Harbor, Holiday Inn at Everett, and Embassy at Bellevue). Tara is also looking at the Bellwether at Bellingham, WA and Tukwila Ramada Inn.

### **District Report and Assistant District Reports:**

All reports have been sent to Renee'.

### **Website:**

The board reviewed the website and suggested some changes.

### **Region One Committeeperson Report:**

Tara reported Kurt and Lisa have set up an E mail network for county officers. The next King Snohomish meeting is July 26, 2014. Janie Walla is the legislative liaison. Island, Skagit San Juan is meeting September 18, 2014. No meeting date yet set for Whatcom.

### **Region Two Committeeperson Report:**

Dawn reported that Peninsula had their meeting July 13<sup>th</sup> with 8 people in attendance. Dawn handed out gift cards for the county membership competition. Lower Columbia is meeting August 30<sup>th</sup> and they hope to get a county secretary/treasurer elected. Mutual is meeting September 13<sup>th</sup>. Peninsula's next meeting will be in October. Kristian will be the PAC person for Mutual.

### **Region Three Committeeperson Report:**

Levi reported that North East is meeting October 18 in Chewelah. East Central has not scheduled a meeting and North Central only has an annual meeting in the spring. Lorrie Chamberlain is the legislative liaison for North East.

### **Region Four Committeeperson Report:**

Joyce reported that Apple Valley is meeting first Saturday in October. Whitman, Asotin possibly Sunday in September or October. No interest for PAC or legislative liaison in her counties. South East only has one meeting a year and not until spring.

### **County Officer Training for New Officers:**

The board discussed training the new county officers that were not at the State Convention training. Consensus was that the RCP's meet early with the officers and see if they need anything, review the packet handout from State Convention, and see how they are doing on the LM.

### **Legislative Liaison Training:**

Levi suggested getting a professional trainer and wondered about the cost. Suggestion that the professional trainer could also train the board members and the liaison, or the board once trained could do the training. Suggestion that we ask NRLCA Paul to put on legislative training at Western States Conference.

### **Secretary/Treasurer's Report:**

Becky gave the following report:

Membership: Last year at this time we were at 1745 members and now we show 1858 members, up 113 members.

Counties: With State Convention on 6/28/14 the Annual County Meeting Cut Off Date: **May 19, 2015.**

I will be filing all of the counties 990 EZ with IRS so they can keep their non-profit status for another year.

Finances: Our review by the CPA firm will be starting soon. I have gotten the 3 year ERISA bond as needed for our ING retirement system, and paid KLM for their administrative fees for the IRS form 5500. We have filed all ING payments timely and are in good standing.

We made a profit last year of \$6,025.00 last year. We increased our assets from \$226,623 from the previous year to \$233,646, an increase of \$7,023.00. We now have a years' worth of income in our savings, which is something we have never been able to do for the last 15 years.

### **Equipment:**

Becky will give Levi Renee's former laptop and store his for state convention. No other equipment is needed as of now.

### **Voice of the Member (VOM):**

The board brainstormed ideas for future VOM surveys. Suggestions were:

Random selection of 10% of membership using postcard reminders, Maybe use Survey Monkey,

Give survey to county members

### **ING:**

The board decided to keep the same three trustees for ING. They are: Joyce Patteson, Cheri Freeman, and Becky Wendlandt.

### **Budget:**

The board went over each line item of the proposed budget.

### **Fall Informational Meeting/Next Board Meeting:**

The date of the Fall Informational Meeting is November 2, 2014 from 1 PM to 4 PM with Q/A to 5 PM.

The Fall Board meeting will be November 3-4, 2014 at the same location.

### **Spring Board Meeting:**

The board decided to have the spring board meeting March 29, 2015 in Vancouver from 3 PM to 5 PM, March 30, 2015 from 8 AM to 5 PM, March 31, 2015 from 8 AM to 5 PM, and April 1, 2015 from 8 AM to noon with travel on Sunday, March 29, 2015 and Wednesday, April 1, 2015. The decision to have or not have a Spring Informational meeting will be made at a future board meeting.

**Vouchers:** The board reviewed the June, 2014 vouchers  
 The board adjourned at approximately 1 PM on July 23, 2014.

**2014 WARLCA FALL INFORMATIONAL MEETING**

**Be INFORMED ... Be INVOLVED....It Is YOUR Job, It's Up To YOU!**

Members of the Rural Craft from across Washington State will be gathering on

**Sunday, November 2, 2014 from 1:00 – 4:00 PM at the Hampton Inn & Suites Seattle- Airport/28<sup>th</sup> Ave, 18850 28<sup>th</sup> Ave S, SeaTac, WA 98188.** Information will be presented on topics that will have a **direct impact** on **your job** and **your career**.

**SEMINAR TOPICS INCLUDE:**

**Engineered Driving Study:**

The engineered driving study starting soon in Seattle District. All routes will have

Carriers to map their individual route. Get a jump start on knowing how the program

works, i.e. Street segments for possible different driving speeds, can management

track your every move and identify miss delivered parcels? Come find out.

**Christmas Season and Upcoming Spring Mail Count:**

What you can do now to be ready for spring mail count. Christmas season and how rural carrier pay works.

**Open Season – RCBP Health plan, Flex Spending and Thrift Savings:**

Are you getting your best benefits from your health plan? Do you know how flex spending can save you money? Thrift Savings is the major portion of your retirement, do you understand it?

**5-DAY Delivery, 7-Day Delivery, Who Knows?**

How close is it? Other legislative issues that will directly impact the USPS and YOU!

**Updates on 2015 State Convention & Questions and Answers**

Bring your questions - whether related to the topics above or not!

**Don't miss this opportunity to be informed, prepared, and involved!**

# What Has Your Union Done For You?

Regulars: Did you notice the pay increase on PP20/14? That was the COLA increase (Cost of Living Adjustment), however that is not all! **Effective November 15, 2014 the basic annual salary for each step shall be increased by an amount equal to 1.0% of the appropriate July 3, 2012 salary schedule (Tables One, Two, Three, or Four)**

RCA's hired on or after August 11, 2012: Effective November 15, 2014 the hourly rate (Table Four) shall be increased by 1.5%.

RCA/RCR on rolls prior to August 11, 2012: An amount equal to the COLA paid to full-time rural carriers on an hourly basis under the 2010 Agreement will be rolled into RCA/RCR hourly rates during the first full pay period of August 2015.

## Open Season

The Federal Benefits Open Season will begin November 10, 2014 and continue through December 8, 2014. The following programs will be participating: 1) Federal Employees' Health Benefits (FEHB) Program; 2) Flexible Spending Accounts (FSAs) Program; and 3) Federal Employees' Dental & Vision Insurance Program (FEDVIP).

## New WARLCA Members

Craig Pierce	Arlington
Coleen Nygard	Arlington
Linda McCoy	Auburn
Moo Lee	Auburn

Rina Goto-Nance	Bremerton
Carlos Duran	Bremerton
Marilyn Seibert	Brush Prairie
Debra Delong	Camas
Nathan Williams	Camas
William Everhart	Camas
Belinda Renshaw	Camas

Kennady Christianson	Cheney	Case Mikolajczyk	Sequim
Seth Ertl	Colville	Elaine Lorentzen	Sequim
Monique Turner	Eastsound	Linda Gambrel	Sequim
Laurel Colestock	Eastsound	Mary Defilippo	Sequim
Nicole Donais	Elma	Jean Anderson	Snohomish
Marchelle Garza	Ferndale	Nyna Zorrilla	Spanaway
Carmine Delucia Jr.	Gifford	Anna Welch	Spanaway
Sarah Tripp	Gig Harbor	Ashley Strine	Spokane
Dominick Delango	Gig Harbor	Nicole Langager	Spokane
Terah Bockenstedt	Gig Harbor	Michael Horkey	Spokane
Parrish Bautista	Gig Harbor	Lynnise Palmer	Stanwood
Cindy Koker	Greenacres	Hung Le	Tacoma
Kathleen Gallagher	Issaquah	Casey Marsh	Vancouver
Anastassiya Andreyanova	Issaquah	Michael Morasch	Vancouver
Kurt Wohlers	La Center	Carol Foley	Waitsburg
Kathi Macarthur	Ocean Park	Melinda Sewell	Washougal
Aja Nimmich	Olympia	Roberta Burch	Wauna
Alfred Piccolomini	Olympia	Amy Tippitt	Winlock
Vera Willner	Olympia	Evan Eaton	Woodinville
Theresa Walsh	Olympia	Seyoum Sitota	Woodinville
Karen Bangs	Pasco		
Melissa Gonzalez	Pasco		
Devin Spade	Port Angeles		
Nolan Rivera	Port Orchard		
Erik Ramsey	Poulsbo		
Rachelle Fusselman	Richland		
Toni Doty	Richland		

## Deceased Members

Harold W Adams  
Audrey M Crain  
Patricia A Lane  
Mark E Brightly

## Washington State's Representatives

### Suzan DelBene

#### District One

318 Cannon House Office Building  
Washington DC 20515  
Phone: 202-225-6311  
Fax: 202-226-1606

Canyon Park Business Center  
22121 17<sup>th</sup> Ave SE Building E Suite 220  
Bothell WA 98021

Phone: 425-485-0085  
Fax: 425-485-0083

240 W. Montgomery St.  
Mount Vernon WA 98273  
Phone: 360-416-7879  
Fax: 360-485-0083

### Rick Larsen

#### District Two

2113 Rayburn House Office Building  
Washington, DC 20515  
Phone: 202-225-2605

Fax: 202-225-4420

119 North Commercial Street Suite 1350  
Bellingham WA 98225  
Phone: 360-733-4500;  
Toll Free: 800-562-1385  
Fax: 360-733-5144

Wall Street Building,  
2930 Wetmore Avenue, Suite 9F  
Everett WA 98201  
Phone: 425-252-3188;  
Toll Free: 800-562-1385  
Fax: 425-252-6606

## Jaime Herrera Beutler

### District Three

113 Longworth HOB  
Washington DC  
Phone: 202-225-3536  
Fax: 202-225-3478

O.O. Howard House (Officers' Row)

750 Anderson St, Suite B  
Vancouver WA 98661  
Phone: 360-695-6292  
Fax: 360-695-6197

Chehalis City Hall Building  
350 N Market Blvd  
Chehalis WA 98532

## Doc Hastings

### District Four

1203 Longworth House Office Building  
Washington DC 20515  
Phone: 202-225-5816  
Fax: 202-225-3251

2715 St. Andrews Loop, Suite D  
Pasco WA 99301  
Phone: 509-543-9396  
Fax: 509-545-1972

402 E Yakima Ave, Suite 760  
Yakima WA 98901  
Phone: 509-452-3243  
Fax: 509-452-3438

## Cathy McMorris Rodgers

### District Five

203 Cannon House Office Building  
Washington DC 20515  
Phone: 202-225--2006  
Fax: 202-225-3392

10 North Post, Suite 625  
Spokane WA 99201  
Phone: 509-353-2374  
Fax: 202-225-3392

555 South Main St  
Colville WA 99114  
Phone: 509-684-3481  
Fax: 202-225-3392

29 South Palouse St  
Walla Walla WA 99362  
Phone: 509-529-9358  
Fax: 202-225-3392

## Derek Kilmer

### District Six

1429 Longworth House Office Building  
Washington DC 20515  
Phone: 202-225-5916

950 Pacific Ave. Suite 1230  
Tacoma WA 98402  
Phone: 253-272-3515

345 6<sup>th</sup> St  
Bremerton WA 98337  
360-373-9725

332 E 5<sup>th</sup> St  
Port Angeles WA 98632  
Phone: 360-797-3623

## Jim McDermott

### District Seven

1035 Longworth House Office Building  
Washington DC 20515  
Phone: 202-225-3106  
Fax: 202-225-6197

1809 7<sup>th</sup> Ave, Suite 1212  
Seattle WA 98101-1399  
Phone 206-553-7170  
Fax: 206-553-7175

## Dave Reichert

### District Eight

1127 Longworth House Office Building

Washington DC 20515  
Phone: 202-225-7761  
Fax: 202-225-4282

22605 SE 56<sup>th</sup> St, Suite 130  
Issaquah WA 98029  
Phone: 425-677-7414 or  
877-920-9208  
Fax: 425-270-3589

200 Palouse St, Suite 201-1  
Wenatchee WA 98801  
Phone: 509-885-6615

## Adam Smith

### District Nine

2264 Rayburn House Office Building  
Washington DC 20515  
Phone: 202-225-8901

101 Evergreen Building  
15 S. Grady Way  
Renton WA 98057  
Phone: 425-793-5180  
Fax: 425-793-5181

## Denny Heck

### District Ten

425 Cannon House Office Building  
Washington DC 20515  
Phone: 202-225-9740  
Fax: 202-225-0129

6000 Main St SW  
Lakewood WA 98499  
Phone: 253-208-6172

420 College St SE  
Lacey WA 98503  
Phone: 360-459-8514

# Washington State's Senators

## Maria Cantwell

311 Hart Senate Office Building  
Washington DC 20510  
Phone: 202-224-3441  
Fax: 202-228-0514

2930 Wetmore Ave Suite 9B  
Everett WA 98201  
Phone: 425-303-0114  
Fax: 425-303-8351

The Marshall House  
1313 Officer's Row  
Vancouver WA 98661  
Phone: 360-696-7838  
Fax: 360-696-7844  
825 Jadwin Ave Suite 206  
Richland WA 99352  
Phone: 509-946-8106  
Fax: 509-946-6937

2988 Jackson Federal Building  
915 2<sup>nd</sup> Ave  
Seattle WA 98174  
Phone: 206-220-6400  
Fax: 206-220-6404

W 920 Riverside, Suite 697  
Spokane WA 99201  
Phone: 509-353-2507  
Fax: 509-353-2547

950 Pacific Ave, Suite 615  
Tacoma WA 98402  
Phone: 253-572-2281  
Fax: 253-572-5879

## Patty Murray

154 Russell Senate Office Building  
Washington DC 20510  
Phone: 202-224-2621  
Toll Free: 866-481-9186  
Fax: 202-224-0238

2930 Wetmore Ave, Suite 903  
Everett WA 98201  
Phone: 425-259-6515  
Fax: 425-259-7152

The Marshall House  
1323 Officer's Row  
Vancouver WA 98661

Phone: 360-696-7797  
Fax: 360-696-7798

402 E Yakima St, Suite 420  
Yakima WA 98901  
Phone: 509-453-7462  
Fax: 509-453-7731

2988 Jackson Federal Building  
915 2<sup>nd</sup> Ave  
Seattle WA 98174  
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10 N Post St, Suite 600  
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Phone: 509-624-9515  
Fax: 509-624-9561

950 Pacific Ave, Suite 650  
Tacoma WA 8402  
Phone: 253-572-3636  
Fax: 253-572-9488

## Thank a Union!

Organized labor has fought for the rights of every child, woman and man in this country. While rich have gotten richer the Unions have worked to achieve a fair day's pay for a fair day's work. If you enjoy ANY of the following benefits thank the Unions.

- End of child labor
- Establish the legal right of workers to form unions and collectively bargain for wages, benefits and working conditions
- Establish the 8 hour work day and paid overtime
- Win workers' comp benefits for workers injured on the job
- Secure Employment insurance for workers who lose their jobs
- Secure a guaranteed minimum wage
- Improve workplace safety and reduce on the job fatalities
- Win pensions for workers
- Win health care insurance for workers
- Win paid sick leave, vacations and holidays as standard benefits for most workers
- Win the right for workers in the public sector to collectively bargain
- Win passage of the Civil Rights Acts and Title VII which outlaws job discrimination based on race, color, religion, sex or national origin
- Win passage of the Occupational Safety and Health Act
- Win passage of the Family Medical Leave Act

# WARLCA STATE OFFICERS & NRLCA SEATTLE DISTRICT REPRESENTATIVES

## PRESIDENT

Assistant District Representative

Historian

**Reneè Pitts**

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## VICE PRESIDENT

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## SECRETARY-TREASURER

Rural Carrier Health Insurance

**Rebecca Wendlandt**

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## REGION 1

COMMITTEEPERSON

PAC Chair

**Taralee Mohr**

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## REGION 2

COMMITTEEPERSON

**Dawn Ayers**

Nat. Gen. Ins. Representative

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warlcaregion2@gmail.com

## REGION 3

COMMITTEEPERSON

PAC Co-Chair

Provident Guild

**Levi Hanson**

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## REGION 4

COMMITTEEPERSON

Assistant District Representative

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## SEATTLE DISTRICT

District Representative

**Patrick Pitts**

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## SEATTLE DISTRICT

Assistant District Representative

Also Certified in: Portland

**Monte Hartshorn**

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Assistant District Representative

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Assistant District Representative

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## AREA STEWARD

**Janie Walla**

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thewallas@juno.com

### Change of Address?

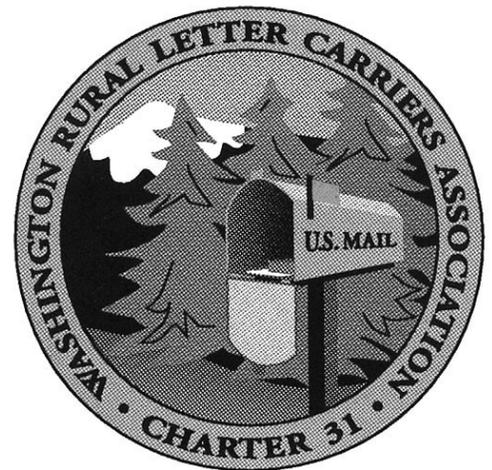
Please contact Becky Wendlandt by phone at 509-710-7840 or Email at [warlca@gmail.com](mailto:warlca@gmail.com) if your address has been changed.

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# Washington Rural Carrier

## Upcoming Dates to Remember

Fall Informational Meeting	November 2, 2014
FEHB Open Season	November 10, 2014
Christmas Overtime Period	December 6-26, 2014
2015 National Mail Count	Feb. 7-28, 2015
Pay PAC or Send Check to PAC	Today